



## **POSITIVE BEHAVIOUR SUPPORT**

Positive Behaviour Support (PBS) is widely recognized as an ethical, effective way of improving quality of life and reducing behaviour that can challenge. While PBS was developed in work with people with learning disabilities, it has been applied to children in mainstream schools, people with acquired brain injury and dementia, and people with mental health problems. PBS seeks to understand and reduce behaviour that can challenge through applied behaviour analytic strategies that focus on quality of life enhancement, skills teaching and systems change. PBS has been recommended in policy documents, NHS professional guidelines and NICE guidance (Learning Disabilities and behaviour that challenges: service design and delivery, 2018.)

## **EXAMPLE OF UK-BASED RESEARCH**

Randomized, single-blind, controlled trial of a specialist behavior therapy team for challenging behavior in adults with intellectual disabilities

<https://pubmed.ncbi.nlm.nih.gov/19687128/>

Reducing challenging behaviour of adults with intellectual disabilities in supported accommodation: A cluster randomized controlled trial of setting-wide positive behaviour support

<https://pubmed.ncbi.nlm.nih.gov/29752027/>

## **KEY RESOURCES & PUBLICATIONS**

The efficacy of positive behavioural support with the most challenging behaviour: The evidence and its implications

[https://www.researchgate.net/publication/229006911\\_The\\_efficacy\\_of\\_positive\\_behavioural\\_support\\_with\\_the\\_most\\_challenging\\_behaviour\\_The\\_evidence\\_and\\_its\\_implications](https://www.researchgate.net/publication/229006911_The_efficacy_of_positive_behavioural_support_with_the_most_challenging_behaviour_The_evidence_and_its_implications)

The expanding vision of positive behaviour support: Research perspectives on happiness, helpfulness, hopefulness

<https://journals.sagepub.com/doi/10.1177/10983007070090010201>

Definition and scope for positive behaviour support

[https://www.researchgate.net/publication/263527513\\_Definition\\_and\\_scope\\_for\\_positive\\_behaviour\\_support](https://www.researchgate.net/publication/263527513_Definition_and_scope_for_positive_behaviour_support)

Handbook of Positive Behaviour Support

<https://link.springer.com/book/10.1007%2F978-0-387-09632-2#about>