

Rachael Emery



Rachael Emery is a behaviour analyst, special educator and sexuality educator with experience supporting Autistic people and people with Learning Disabilities across education, adult social care and therapeutic settings. Her work focuses on positive behaviour support, AAC and communication access, sexuality education, trauma-informed practice and building motivating environments that support dignity, autonomy and quality of life.

Rachael develops practical tools that help professionals move beyond behaviour reduction alone, towards support that is ethical, person centred, evidence-informed and meaningful in everyday life.